

Students, Faculty and Staff Entering Japan from a Level 2 or Higher Infected Region, and Persons who have had Close Contact with Above Person Ver. 4.0

(Mar. 4, 2020)

From February 1, 2020, the novel coronavirus has been labeled as a designated infectious disease. **Those diagnosed with the infectious disease or diagnosed to be suspected to have the infection will be suspended from attending classes and/or work ("Work Ban") until they have recovered.** Please follow the instructions below in order to thoroughly carry out infectious disease control within the university. **These instructions may change on future changes in the situation.**

① **Students, faculty and staff members entering Japan from a Level 2 or Higher Infected Region => At the time of entry to Japan (including those who had a transit in that region)**

② **Persons who have had close contact with above person => At the time of contact**

Please immediately call or email relevant department

International Students

International Exchange Division

TEL : 0852-32-6106
(Ext. : 2074)
Email : ied-ryugaku@office.shimane-u.ac.jp

Faculty and Staff Member (Matsue Campus)

Personnel Planning and Labor Management Group, Personnel Labor Division

TEL : 0852-32-6622
(Ext. : 2122)
Email : pld-romu@office.shimane-u.ac.jp

Faculty and Staff Member (Izumo Campus)

Personnel Management Officer General Affairs Division, Faculty of Medicine

TEL : 0853-20-2023
(Ext. : 2023)
Email : mga-romu@office.shimane-u.ac.jp

If you have a fever higher than 37.5°C and/or respiratory symptoms when returning to or entering Japan, be sure to declare this to an airport quarantine officer.

Have a fever/coughing within 2 weeks after entering Japan

No symptoms upon entering Japan

● **Keep a close eye on your health while recording body temperature on the Self-Health Checklist for 2 weeks after entering Japan or having close contact**

● Refrain from going out and stay at home

Have a fever/coughing within 2 weeks after entering Japan or having close contact

No symptoms appear for 2 weeks

Contact the consultation center* and receive a medical examination at the specified medical institution.

Report to the Health Service Center on your campus

Follow-up period ends

If you are diagnosed with the coronavirus or are suspected of having contracted the virus, call or email the Health Service Center on your campus

- ❑ Health Service Center Matsue Campus
TEL : 0852-32-6568 (Ext. :2801)
E-mail : health@soc.shimane-u.ac.jp
- ❑ Health Service Center Izumo Campus
TEL : 0853-20-2099
E-mail : satoezoe@med.shimane-u.ac.jp
- ❑ Reasonable arrangements in study/work
- ❑ Report to the Health Service Center after recovery

* Consultation Centers in Shimane

Hours of Operation (Mon. – Fri., 8:30 – 17:15)	
Public Health Center	Designated Telephone Number
Matsue City, Matsue Public Health Center established jointly with Shimane Prefecture	0 8 5 2 – 3 3 – 7 6 7 3
Unan Public Health Center	0 8 5 4 – 4 7 – 7 7 7 8
Izumo Public Health Center	0 8 5 3 – 2 4 – 7 0 2 8
Central Shimane Public Health Center	0 8 5 4 – 8 4 – 9 8 1 2
Hamada Public Health Center	0 8 5 5 – 2 9 – 5 9 7 0
Masuda Public Health Center	0 8 5 6 – 3 1 – 9 5 1 2
Oki Islands Public Health Center	0 8 5 1 2 – 2 – 9 6 0 0

* General consultation/inquiry

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Central Shimane Public Health Center	0 8 5 4 – 8 4 – 9 8 1 0
Hamada Public Health Center	0 8 5 5 – 2 9 – 5 9 6 7
Masuda Public Health Center	0 8 5 6 – 2 5 – 7 0 1 1
Oki Islands Public Health Center	0 8 5 1 2 – 2 – 9 9 0 0
Health Promotion Division Shimane Prefecture Government	0 8 5 2 – 2 2 – 5 8 4 2 (FAX 0 8 5 2 – 2 2 – 6 3 2 8) Communication via FAX is available for those with hearing impairments