

Checklist for Close Contact

If either A or B below applies to you, Shimane University will consider that you had close contact with an infected person. Check by yourself whether this applies to you. If it applies, be sure to make necessary contact in accordance with the flowchart.

A: Persons who have been determined by the public health center that you had a close contact

B: Persons who fall under all the following (1) to (3)

(1) Persons who had a conversation, eating, drinking, or karaoke with an infected person without wearing a mask at least 2 days before the onset of symptoms of the infected (e.g. if an infected person developed a fever on the 16th, having a conversation with the infected on or after the 14th may be considered that you had a close contact.)

(2) Contact with an infected person within 1 meter for more than 15 minutes

(3) When prevention measures were not taken

Period of stay at home

A: For the period instructed by the public health center

B: 5 days from the date of the last contact with an infected person as day 0 (Lifted on Day 6)

(Or, lifted on Day 3 if you get a negative test result twice)

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
If you do not undergo a test	1日目		3日目		5日目	6日目
						解除
If you undergo a test	1日目	2日目	3日目	Lifted		
		陰性	陰性 解除			
		Tested negative	Tested negative and lifted			