

* Consultation Centers in Shimane

Hours of Operation	
Public Health Center	Designated Telephone Number
Matsue City, Matsue Public Health Center established jointly with Shimane Prefecture	0 8 5 2 – 3 3 – 7 6 7 3
Unan Public Health Center	0 8 5 4 – 4 7 – 7 7 7 8
Izumo Public Health Center	0 8 5 3 – 2 4 – 7 0 2 8
Central Shimane Public Health Center	0 8 5 4 – 8 4 – 9 8 1 2
Hamada Public Health Center	0 8 5 5 – 2 9 – 5 9 7 0
Masuda Public Health Center	0 8 5 6 – 3 1 – 9 5 1 2
Oki Islands Public Health Center	0 8 5 1 2 – 2 – 9 6 0 0

* General consultation/inquiry

Hours of Operation (8:30 – 21:00) Anytime in case of an emergency

Public Health Center	Designated Telephone Number
Matsue City, Matsue Public Health Center established jointly with Shimane Prefecture	0 8 5 2 – 3 3 – 7 6 3 8
Unan Public Health Center	0 8 5 4 – 4 7 – 7 7 7 7
Izumo Public Health Center	0 8 5 3 – 2 4 – 7 0 1 7
Central Shimane Public Health Center	0 8 5 4 – 8 4 – 9 8 1 0
Hamada Public Health Center	0 8 5 5 – 2 9 – 5 9 6 7
Masuda Public Health Center	0 8 5 6 – 2 5 – 7 0 1 1
Oki Islands Public Health Center	0 8 5 1 2 – 2 – 9 9 0 0
Health Promotion Division Shimane Prefecture Government	0 8 5 2 – 2 2 – 5 8 4 2 (FAX 0 8 5 2 – 2 2 – 6 3 2 8) Communication via FAX is available for those with hearing impairments