

FAQs Regarding No.4 Travel within Japan (Updated November 30)

Q 1 . What is the policy for after returning to Shimane from a Special Alert Infection Area?

A 1 . You are required to stay at home for 10 days after returning to Shimane. During this period, you can join online classes from home.

Q 2 . When is the start of the 10-day period?

A 2 . The period starts from the date after having returned to Shimane, and continues for 10 consecutive days. Refrain from coming to the university on the day you return to Shimane.

Q 3 . When will the designation of Special Alert Infection Area be withdrawn?

A 3 . The university designates Special Alert Infection Areas based on the following information.

Special Alert Infection Area: Areas where more than 5 new positive cases per 100,000 people in a week are confirmed, and more than 50% of new cases have an untraceable source of infection.

These areas are selected based on information current as of every Friday and designated as Special Alert Infection Areas from Monday to Sunday for the following week. Special Alert Infection Areas are revised every Monday. Please be vigilant in checking the university website for updates.

Q 4 . What happens if my destination is designated as a Special Alert Infection Area during the period of my trip, even if it was not at the time of departure?

A 4 . The judgement is made based on whether you stayed in Special Alert Infection Areas during your trip.

Example:

On September 3 Depart from Shimane and arrive in Hyogo, a non-Special Alert Infection Area

On September 7 Hyogo is designated as a Special Alert Infection Area

On September 8 Depart from Hyogo and return to Shimane

In the above case, you are required to stay at home for 10 days starting from September 9. Even if the designation is withdrawn in the middle of your trip, you need to stay at home for 10 days after returning to Shimane.

Q 5 . What is the definition of “staying in a Special Alert Infection Area”? Am I judged to have stayed in the area if I just passed through?

(Example 1: While Tokyo is designated as Special Alert Infection Area
Izumo Airport → Haneda Airport → Take a monorail → Take a JR Yamanote Line → Take a limited
express train → Arrive in Gunma, a non-Special Alert Infection Area)

(Example 2: While Osaka is designated as Special Alert Infection Area
Depart from Matsue with your own car → Pass through Osaka → Arrive in Mie, a non-Special Alert
Infection Area)

A 5. We do not establish unified standards as we make judgements on a case-by-case basis. The dean/head
of your belonged faculty/organization will judge giving comprehensive considerations concerning reason,
means and time of travel. For your reference, the above 2 cases are judged as follows.

(Example 1: You are judged to have stayed in Tokyo as you had many opportunities to have contact with
people there.)

(Example 2: You are judged not to have stayed in Osaka as you had few chances of having contact with
people there.)

Please consult with your supervisor if it is difficult to judge.

Q6. When and where can I undergo a PCR or an antigen test when returning to Shimane from a Special
Alert Infection Area? Who will pay the test charge?

A6. Please refer to the following.

【Matsue Campus】

Test date: Check with the Health Service Center Matsue Campus (Tel 0852-32-6568)

Test facility: Check with the Health Service Center Matsue Campus (Tel 0852-32-6568)

Test charge: At your own expense

【Izumo Campus】

Contact the Health Service Center Izumo Campus (Tel 0853-20-2099) and Academic Affairs Division,
Faculty of Medicine (Tel 0853-20-2093).

Test charge: At your own expense